**PRESENTS** 



# 100 HOUR EHT

A COMPREHENSIVE TRAINING IN ENERGY HEALING FOR THOSE SEEKING AUTHENTIC SELF-TRANSFORMATION





A real paradigm shift is underway, with more scientific researchers (whether from NASA or Harvard) rapidly discovering that the body is indeed a complex biofield of electromagnetic frequencies and light waves that serve as 'control central' for our physical and mental functioning.

It's shaking up entrenched thinking in biology.

The future: the medical, technology and wellness worlds all innovating new tools to optimize the human energy body.

Global Wellness Summit, 2020









# INTRODUCING OUR 100HR ENERGY HEALING TRAINING PROGRAM

We're very excited to be announcing our next 100-EHT Energy Healing Training. This online training is suitable for newcomers and experienced energy workers alike; whether you're interested in developing a self-practice or cultivating skills for professional use, this training is for those seeking authentic self-transformation!

Combining a balanced approach to healing as an art and science makes this a truly contemporary training. The curriculum has been developed over many years, comprising interdisciplinary techniques, perspectives and principles. We will introduce and refine essential skills from the core of the healing arts - presence, energy scanning, somatic awareness, deep listening with compassion, healing touch and extrasensory perception.

Presently we find ourselves at a turning point in personal and collective evolution, with opportunity to deeply consider our values, choices and direction. Ultimately, this experiential training is designed to support your authenticity and assist your unique process of growth and discovery at this pivotal time.

We hope to welcome you to the training!

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Keith Parker FIELD DYNAMICS Christabel Armsden FIELD DYNAMICS

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# About the training.



# TRAIN IN INNOVATIVE ENERGY HEALING...

Our 100hr-EHT provides a comprehensive training in energy healing with emphasis on understanding holistic transformation through direct experience...

The training is suitable for newcomers and experienced energy workers alike; whether you're interested in developing a self-practice or cultivating skills for professional use, this training is for those who seeking authentic self-transformation.

- Learn FIELD DYNAMICS energy healing
- · Understand how holistic healing works through experience
- · Study the subtle anatomy and how to recognise and clear energy blocks
- Advance your healing process and self-transformation



# **:::**

#### **DEVELOP YOUR PERCEPTION & ENERGY SENSITIVITY**

- · Intuitive and extrasensory development
- · Body scanning and energy tracking skills



#### **GROUP DYNAMICS**

- · Connect with a like-minded community
- · Experience the power of shared process and develop empathic rapport



#### INTEGRATIVE MODEL: BODY, MIND & SPIRIT

- · Understanding and applying a holistic healing model through experience
- · Emphasis on mind-body integration and physical embodiment



#### **COMMUNICATION SKILLS**

- · Communication in a therapeutic setting and the ethics of healing
- · Learning a clear language about subtle anatomy and energy work



#### PERSONAL EMPOWERMENT

- · Owning your path and gaining insight into deeper life purpose
- · Empowered self-management of health and well-being



#### TRAUMA PROCESSING AND EMOTIONAL RELEASE

- · Understanding trauma physiology and how to resolve complex issues
- · Supportive environment for emotional expression & release



# PROIRITISING YOUR DEVELOPMENT.

This training is designed to connect you to progressively deeper levels of the energy system. As we move through the subtle anatomy you'll gain clarity about your energy blocks and their related issues. Insights will emerge as you discover how these issues connect to the broader life context. You'll learn how to work with the multidimensional anatomy - the central channel and kundalini system, chakras, meridians, nadis, tube torus and more. This holistic process prioritises your development and emphasises learning through direct experience...

# ESSENTIAL SKILLS.

We introduce and refine essential skills from the core of the healing arts - presence, energy scanning and tracking, somatic awareness, deep listening with compassion, healing touch, and extrasensory perception.

A crucial component in energy work is learning how to navigate your awareness through the body and energy field; we will develop this perceptual skill extensively. The training highlights the connection between the physical and the energetic, investigating how the physiology and subtle anatomy relate.



#### FOUNDATIONS | 2 DAYS

Primary Tools / Higher Consciousness / Path of Healing

#### MULTIDIMENSIONAL ANATOMY | 2 DAYS

Central Channel / Chakras / Holistic Process

#### THE KUNDALINI SYSTEM | 2 DAYS

Core Polarity / Vertical Currents

#### CHANNEL SYSTEMS & SENSING | 2 DAYS

ESP / Subtle Pathways / Bio-Etheric Interface

#### SOMATICS & BIODYNAMICS | 2 DAYS

MindBody Connection / Trauma Physiology

#### THE LIVING LIBRARY | 2 DAYS

Earth Medicine / Expanded Sentience

#### **HEART & SOUL | 2 DAYS**

Timelines / Dreams & Purpose

#### THE EXTRAORDINARY | 2 DAYS

Vibrational Being / Embodiment



## THIS TRAINING IS FOR...

- Those interested in learning a powerful energy healing modality
- Those who wish to deepen their existing practices meditation, yoga, shamanism...
- Those committed to self-realisation and experiencing transformations in consciousness
- Professionals interested in expanding their services yoga teachers, bodyworkers, therapists, life coaches, reiki practioners...

Time is devoted to 3 main activities - application of energy healing tools, group discussion and developing your practice.

We place emphasis on creating a supportive environment for sharing experiences. Guided sessions and partner-work ensure your practice is thoroughly developed - refining both your energy system and your intuition.

Your personal training file gradually builds a record of all curriculum and extensive protocols you can use to build your energy healing practice.



# ADVANTAGES OF AN ONLINE TRAINING

There are numerous benefits to experiencing this training online over the course of six months...

**TIME TO DIGEST** Between protocols and processing, the training material takes time to integrate. This 6 month format is ideal for sustained organic rebalancing.

**ONGOING CONTACT** Provides a long-term supportive community ideal for deeper, process-oriented healing - quite different to a short in-person immersion training.

**THE NEW NORMAL** In our ever-changing circumstances healing work is increasingly relevant - this online format enables remote learning and provides the skills necessary for both distance and in-person healing.

**REDUCED COSTS** Negating expenditure on travel, accommodations and so on. If the same training were offered in person, the cost to the attnedee would be approximately double.



# MEET LEAD FACILITATOR KEITH PARKER...



Keith has a truly unique gift to understand, illuminate and see beyond what our human bodies can know, and help guide the energies towards a place of wholeness and integration.

I have been able to process patterns of behaviour that have seemed unknowable until our work together, and made changes happen in my life that had seemed impossible. Keith has a way of working that allows you to arrive exactly as you are with no judgements or criticisms, and to take whatever is present and speak to it matter of factly and without fear.

Client testimonial

Keith is an adept facilitator and teacher of consciousness transformation.

An extensive background in the healing arts combined with his unusual extrasensory perception has provided a unique skill-set for developing Field Dynamics - an innovative, contemporary energy healing modality.



Initially trained in contemplative science, Keith used meditation as a vehicle to understand and refine subtle states of consciousness. Over the following decade he developed comprehensive expertise in the healing arts including movement, breathwork, bodywork, energy work and other disparate disciplines. During this intensive period, Keith had a series of breakthrough spiritual experiences enabling him to see and feel the human energy field with remarkable clarity.

As Cofounder of Field Dynamics he is committed to facilitating self-transformation and fostering dialogue resolving science and spirituality. Teaching with clarity and compassion, he values the present moment as the greatest source of wisdom.











# ASSISTANT FACILITATOR CHRISTABEL ARMSDEN.

Christabel Cofounded Field Dynamics in her commitment to increasing the awareness and accessibility of energy healing as a universal and contemporary practice.

She is particularly interested in how energy work can be understood and incorporated in a broader holistic framework.

Fascinated by self-transformation and the mechanics of consciousness since childhood, she has studied multiple healing modalities including various forms of energy work, bodywork and meditation practices. As a dynamic coach and energy healer, Christabel has extensive experience supporting the growth and realisation of individuals, entrepreneurs and businesses, resulting from 15 years in management and consultancy.

Recognising personal healing as the foundation for collective healing, Christabel is driven by a desire to facilitate self-empowerment.



#### WHAT PEOPLE ARE SAYING...

"I have immersed myself in the study of meditation and self-improvement for 20 years and undoubtedly the Field Dynamics' EHT-100 course has helped me make breakthroughs in my practice that no other program has made possible. The program works with a diverse range of techniques that I believe offers new perspectives and tools to even the most seasoned of practitioners. Keith and Christabel are working at the cutting edge of subtle energy."

"This EHT-100 is taking my 22 years of searching, experience, training and education and integrating it into one place - that is exciting!

Keith is able to take knowledge from intangible to tangible and articulate it in a way that brings about a deep level of integrated understanding. This training is researched, intelligent, experiential and extremely fun I am so grateful to have come across it. It is life changing."

"This course has helped me to understand how everything in our lives is energetic and interconnected. I've opened my mind to new perspectives and my heart to new experiences. I've also become more grounded, focused and compassionate. I've met amazing people from over the world.

Energy healing and meditation has become part of my daily life and I wouldn't want to have it any other way - it truly is magic."



"I signed up expecting to gain skills to use with my coaching clients - it didn't take long to realize the course is a deep dive into my own energetic healing! Keith provides in-depth material and I'm learning subject matter never touched on in other energy classes I have taken. The live, online class format is great and allows for people from around the globe to connect and share in the group synergy. I felt at home in the small group atmosphere right from the start. Since learning Field Dynamics I have moved into a new level of practice."

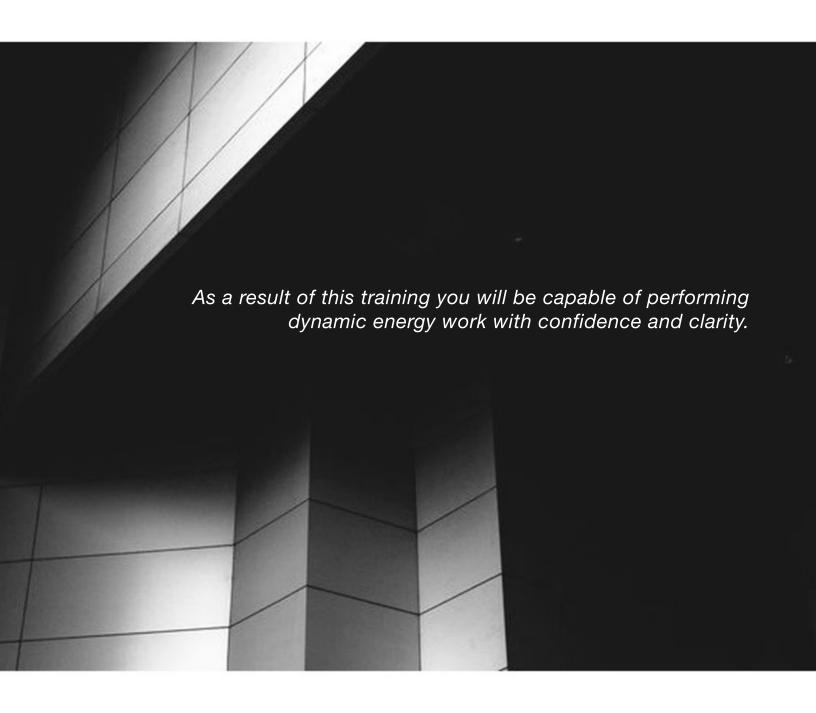
"I am a retired physician and have long engaged with meditation as a refuge for both peace and healing. The course is at a professional level, with exquisite attention to every detail. Keith is brilliant in his delivery of the material as well as a kind and perceptive soul. The group is also wonderful as a collective - we break off into smaller units to work on the material together, which is fun and engaging. In this day and age having an online platform works. It would be wonderful to do this in-person but that is balanced by the surprising intimacy I find with the online experience and the format provides the ease of working from home."

"We're talking about transformative alignment of the energy connecting your physical body, your soul and the universe. The good news is it's all one system!

So you're not changing; you're more fully becoming who you already are.

I loved every step of the journey."





#### TRAINING OVERVIEW

- √ Transmission of dynamic energy healing tools and how to apply them
- ✓ Extensive development of core skills for energy work and the healing arts
- ✓ Guided self-practice and partner-work with discussion and feedback
- √ Comprehensive personal training file detailing curriculum, anatomy and protocols

It's important to note that this intensive process will bring deeper issues to the surface. The training is designed to support your dedication to self-discovery and deep healing work; if you're uncomfortable with candid self-reflection, strong sensation or emotional intensity, this training may not be for you.







# About FIELD DYNAMICS.



# MISSION & VALUES

Our mission is to be a driving force in the dissemination of energy healing as a universally accessible practice.

More broadly, we are committed to furthering the dialogue concerning the nature of consciousness - with the view that science and spirituality are complementary *not* contradictory.

Based on the core values of integrity, equality, transparency and personal responsibility, FIELD DYNAMICS is non-dogmatic and universal in ethos and approach. We believe the cornerstone for collective change is individual transformation. We are interested in what unites us not what divides us. Ultimately, we are all one.

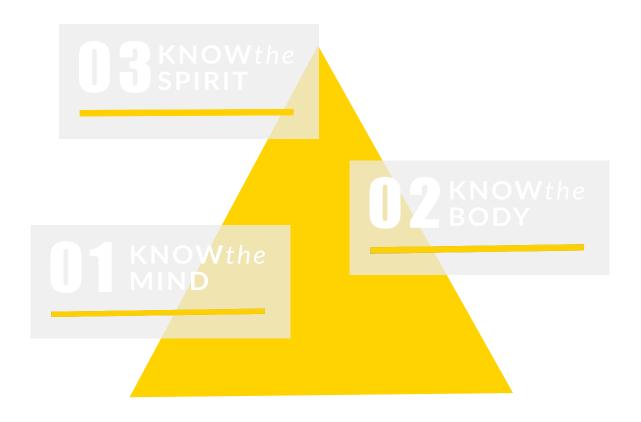


# PRINCIPLES OF HOLISTIC HEALING & SELF-REALISATION

A healer is one who seeks to know their true nature, realising their intrinsic wholeness in the process.

Connecting to this source of wholeness is how healing occurs. In truth the healer doesn't heal, only acting as a conduit or channel for use as catalyst to others on their unique journey.

When the mind and body are understood and accepted the spirit integrates - synthesising a mind, body and spirit which moves amongst the dimensions with clarity and ease.





# WE'RE ALL ABOUT THE SCIENCE OF THE FIELDS.

At the forefront of what's possible, this is the future of wellness.

We offer innovative services in contemporary energy healing. FD is based on the underlying principles of a field-based reality, where mind and matter are in a dynamic equilibrium, creating what we experience as the present moment.

Fields are not limited to the individual, but are part of broader constellations of core-beliefs, identity, family and the collective. Understanding this dynamic is crucial to managing the relationship between your inner and outer worlds....

Beyond matter, reality is comprised of energy - electromagnetic fields in constant fluctuation like waves in the ocean.

Congruent with cutting-edge science, FD is an example of just what's possible in the emerging science of consciousness.



#### WHAT MAKES US DIFFERENT?

01

360 Approach - Healing Arts in the Broader Life Context

Healing isn't just a practice, it's a holistic process. From energy work and meditation to life choices, relationships and nutrition - understanding the framework of your journey in the broader life context is crucial.

02

Progressive - Comprehensive Development in Consciousness

We provide the tools, practices and experience for a progressive transformation in consciousness, helping to facilitate a natural unfoldment on the path of self-realisation.

03

Integrative - Contemporary Integration of Science & Spirituality

The most interesting things happen at the boundaries. With a contemporary integrative framework, science and spirituality are understood as complementary, not contradictory.

04

Universal - Principals for Personal Empowerment

We are interested in highlighting what unites us, not what divides us. Using universal principles for personal empowerment, we are non-dogmatic in ethos and approach.







# Details.



#### **COURSE DATES**

Courses run over a 6 month duration.

The training hours are scheduled over 8 weekend intensives, usually 3 weeks apart.

Please see our website for the latest course dates.

#### **COURSE FORMAT**

The course will be conducted online using Zoom conference software. Access to a computer and the internet is required for all course dates.

There will be some additional assignments to complete between course dates. Allow for up to 10hrs homework per module (weekend) - this includes self-practice protocols and one partner trade.



#### **DAILY SCHEDULE**

In general, the first half of each day will focus on the presentation of energy healing tools while the second half will be discussions about experience, further application and developing your practice.

#### Saturday & Sunday

9:00am - 3:00pm PT

12:00pm - 6:00pm ET

5:00pm - 11:00pm GMT

\*Non-USA locations subject -1hr on select dates due to daylight savings

#### Session A - (3hrs)

Energy healing tools, presentation + Q&A, perceptual development.

(1 hour break)

#### Session B - (2hrs)

Discussion and feedback, conceptual exploration and guided or partner practice.



#### CERTIFICATE OF COMPLETION

Attendees will be issued a Certificate of Completion for the 100 Hr Energy Healing Training at the close of the course. The necessary criteria are that the student attends all session dates in full (\*absences as per policy below) and completes all the assigned personal / partner practice hours and protocol submissions as outlined by the Lead Facilitator.

#### Absences - Planned & Sickness

We allow for up to one weekend or two single day absences throughout the course duration to qualify for course graduation. In these instances, we will share a recording of the sesssion(s) missed once available. Due to the confidential and therapeutic nature of the work, these recordings are strictly for your use only and must not be shared.



#### **PRICES & PLANS**

Price \$2,500 USD

Early Bird \$2,200 USD (to be paid in full by the allotted deadline)

#### Payment Plan available:

\$750 x 3 installments (inclusive of \$150 fee)

Payments due on the three dates outlined in the training listing on the website.

#### The price includes:

- √ 100 hr Energy Healing Training (EHT) over 6 months duration
- ✓ In-depth 150+ page manual with detailed curriculum + practice protocols
- ✓ Online community and forum for ongoing support
- √ 75 minute private session with Keith or Christabel

#### APPLICATION & ENROLLMENT

Enrollment is limited to 12 people, so reserve your space soon!

Acceptance to the training is by application only - please complete the online form to apply, or reach out to us if you have any questions.



#### RESERVATION POLICY

Space is limited and acceptance is by application only - please complete the online form to apply, or reach out to us if you have any questions.

A non-refundable deposit of USD \$400 is required to secure your place.

#### **CANCELLATION POLICY**

Deposits are non-refundable. Cancellations made 1 week or less prior to the start of the training will result in a 50% refund. FIELD DYNAMICS reserves the right to ask participants to leave a training, retreat or event if their behaviour is deemed inappropriate or is impacting negatively on the experience of other participants. The full fee may not be refunded, at the organiser's discretion.



#### **MEDICAL POLICY**

The training is designed to support your dedication to self-discovery and deep healing work; if you're uncomfortable with candid self-reflection, strong sensation or emotional intensity, this training may not be for you. It's important to note that this intensive process will bring deeper issues to the surface.

This training and/or retreat is not suitable if you are experiencing major depression or other clinically diagnosed psychiatric illness such as personality disorder, major trauma (PTSD), psychosis or current self-harming. To attend a course or retreat with us you need to be in a stable period of mental well-being. Our application process includes a confidential form where you can provide information about any physical or mental health issues - your reservation is not final until we have reviewed this information.

Our trainings and/or retreats are not suitable for people who are currently addicted to drugs or alcohol. We suggest that participants be at least 12 months into recovery and abstinence in order to attend. Please reach out to discuss specifics prior to applying if necessary.



#### **DISCLAIMER**

FIELD DYNAMICS is an energy healing modality and so classified as complimentary and alternative medicine (CAM). Services provided by FIELD DYNAMICS are not substitutes for professional medical advice, diagnosis or treatment. If you have medical concerns it is advised you contact a licensed physician. You should not discontinue or modify any medication presently being taken pursuant to medical advice without obtaining approval from your healthcare professional.

The contents of FIELD DYNAMICS (fielddynamicshealing.com and associated channels) such as video, audio, text, graphics and other material is for informational purposes only and are the opinion of the author(s).









CONTEMPORARY ENERGY HEALING

